



## LESSON PLAN FORM



Prepared by: \_\_\_\_\_

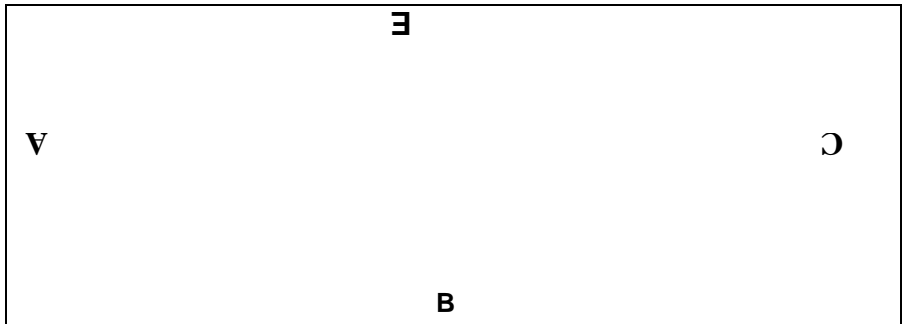
**Discipline (if applicable-CCS):** \_\_\_\_\_ **Date:** \_\_\_\_\_

<b>Date:</b>	<b>Time:</b>	<b>Location:</b>
<b>Stage of Rider Development</b> Initiation    Acquisition    Consolidation	<b># of riders and ages</b>	<b>Age of horse(s)</b>
<b>LTED stage:</b>	<b>Stage in Competition Season (CCS ONLY):</b>	
<b>Rider Background:</b>	<b>Preparation:</b>	
<b>Lesson Topic:</b> <b>Immediate Goal:</b>  <b>Long Term Goal:</b>	<b>Specific Objectives/ Key Elements: (Skills needed for the riders to manage a logical progression to reach the goal)</b>	

**EQUIPMENT LIST**

**SAFETY CONSIDERATIONS**

**DIAGRAM OF ARENA SET UP**



**LESSON SEGMENTS AND TIMELINES**

<b><u>INTRODUCTION</u></b>	<b>Approximate timeline:</b> _____
<b><u>WARM-UP</u></b>	<b>Approximate timeline:</b> _____
<b><u>EXPLANATION</u></b>	<b>Approximate timeline:</b> _____

**DEMONSTRATION**

Approximate timeline: \_\_\_\_\_

**ACTIVITY/PROGRESSION #1**

Approximate timeline: \_\_\_\_\_

Goal/Key point:

**ACTIVITY/PROGRESSION #2**

Approximate timeline: \_\_\_\_\_

Goal/Key point:

**ACTIVITY/PROGRESSION #3**

Approximate timeline: \_\_\_\_\_

Goal/Key point:

**COOL DOWN (If appropriate)**

Approximate timeline: \_\_\_\_\_

**CONCLUSION**

Approximate timeline: \_\_\_\_\_